Medical Contracting Services, Inc.

Nursing Skills Assessment

_____
Applicant Name Date

Level of Experience
0—None
1—Theory, No Practice
2—Limited Experience
3—Comfortable Performing with Resource
4—Proficient

General Skills	Experience
1. Physical Assessments	0 1 2 3 4
2. Principles of Body Mechanics	0 1 2 3 4
3. Universal Precautions	0 1 2 3 4
4. Patient Transfer-Bed To Chair	0 1 2 3 4
5. Patient Transfer-Bed To Cart	0 1 2 3 4
6. Patient Transfer-Chair To Chair	0 1 2 3 4
7. Patient Transfer-Horizontal Lift	0 1 2 3 4
8. Range of Motion Exercises	0 1 2 3 4
9. Post Mortum Care	0 1 2 3 4
10. Opening A Sterile Pack	0 1 2 3 4
11. Adding Items To A Sterile Field	0 1 2 3 4
12. Sterile Dressing Changes	0 1 2 3 4
13. Wound Irrigation	0 1 2 3 4
14. Immunization Requirements	0 1 2 3 4
15. Insertion of IV Catheter Lines	0 1 2 3 4
16. Care of Central IV Lines	0 1 2 3 4
17. Insertion of PIC Catheter	0 1 2 3 4
18. Med. Administration –Rectal	0 1 2 3 4
19. Med. Administration—Otic	0 1 2 3 4
20. Med. Administration-Vaginal	0 1 2 3 4
21. Ear Irrigation	0 1 2 3 4
22. Eye Irrigation	0 1 2 3 4
23. Administration of Packed RBCs	0 1 2 3 4
25. Admin.-Cryoprecipitate	0 1 2 3 4
26. Admin.-Platelets	0 1 2 3 4
27. Admin.-Fresh Frozen Plasma	0 1 2 3 4
28. Admin.-Albumin	0 1 2 3 4
29. Admin.-Hyperalimentation/T.P.N.	0 1 2 3 4
30. Preoperative Care	0 1 2 3 4
31. Postoperative Care	0 1 2 3 4
32. Obtaining Urine Cultures	0 1 2 3 4
33. Obtaining Wet Cultures	0 1 2 3 4
34. Obtaining Dry Cultures	0 1 2 3 4
35. Testing For Occult Blood	0 1 2 3 4
36. IV Medication Administration	0 1 2 3 4
37. Intradermal Injections	0 1 2 3 4
38. Intramuscular Injections	0 1 2 3 4
39. Intramuscular Z-Track Technique	0 1 2 3 4
40. Subcutaneous Injections	0 1 2 3 4
41. Med. Administration-Nasal	0 1 2 3 4
42. Med. Administration-Ophthalmic	0 1 2 3 4
43. Assisting –Bone Marrow Biopsy	0 1 2 3 4
44. Assisting –Lumbar Punctures	0 1 2 3 4
45. Assisting –Liver Biopsy	0 1 2 3 4
46. Assisting –Paracentesis	0 1 2 3 4
47. Assisting-Thoracentesis	0 1 2 3 4
48. Knowledge of Normal Lab Values	0 1 2 3 4
49. Urine Testing-Glucose & Ketones	0 1 2 3 4

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Cardiopulmonary	Experience
1. EKG Interpretation	0 1 2 3 4
2. Placement of Telemetry Leads	0 1 2 3 4
3. Cardiopulmonary Resuscitation	0 1 2 3 4
4. Clearing Airway Obstructions	0 1 2 3 4
5. Placement– Nasopharangeal Airway	0 1 2 3 4
6. Use of Ambu Bag	0 1 2 3 4
7. Nasopharyngeal Suctioning	0 1 2 3 4
8. Tracheal Suctioning	0 1 2 3 4
9. Care of Tracheostomy	0 1 2 3 4
10. Monitor & Use-Pulse Oximeter	0 1 2 3 4
11. Incentive Spirometry	0 1 2 3 4
12. Chest Percussion	0 1 2 3 4
13. O_2 Admin.-Nasal Cannula	0 1 2 3 4
14. O_2 Admin.-Venti/Face Mask	0 1 2 3 4
15. O_2 Admin.-Rebreather Mask	0 1 2 3 4
16. O_2 Admin.-Tent	0 1 2 3 4
17. Admin.-Hand Nebulizer Treatment	0 1 2 3 4
18. Collection of Sputum Specimens	0 1 2 3 4

GU/GI	Experience
1. Enema Administration	0 1 2 3 4
2. Placement of NG Tube	0 1 2 3 4
3. Gastric Lavage	0 1 2 3 4
4. NGT-Irrigation/Meds Admin.	0 1 2 3 4
5. Gastric Tube-Irrigation/Meds Admin.	0 1 2 3 4
6. Gastric Tube Care	0 1 2 3 4
7. T-Tube Care	0 1 2 3 4
8. JP Tube Care	0 1 2 3 4
9. Hemovac Care	0 1 2 3 4
10. Colostomy Care	0 1 2 3 4
11. Ileostomy	0 1 2 3 4
12. Care after Ileostomy	0 1 2 3 4
13. Urostomy Care	0 1 2 3 4
14. Urinary Straight Catheterization	0 1 2 3 4
15. Foley Cath Insertion-Male	0 1 2 3 4
16. Foley Cath Insertion-Female	0 1 2 3 4
17. Foley Cath Care	0 1 2 3 4
18. Foley Cath Irrigations	0 1 2 3 4
19. Foley Cath-Continuous Irrigations	0 1 2 3 4
20. Foley Cath-Obtaining Specimens	0 1 2 3 4
21. Suprapubic Cath Care	0 1 2 3 4
22. Removal of Fecal Impactions	0 1 2 3 4
23. Assisting-Peritoneal Lavage	0 1 2 3 4

Pediatrics	Experience
1. Age SpecificAssesments	0 1 2 3 4
2. Calculation of Drug Doses	0 1 2 3 4
3. Cardiac Monitoring	0 1 2 3 4
4. Apnea Monitoring	0 1 2 3 4
5. Restrain a Child for Procdures	0 1 2 3 4
6. Insertion of Peripheral IV Catheter	0 1 2 3 4
7. Insertion of Scan Vein IV Catheter	0 1 2 3 4
8. Central IV Line Care	0 1 2 3 4
9. Admin-Intravenuous Fluids	0 1 2 3 4
10. Admin.-Oxygen Via Oxihood	0 1 2 3 4
11. Admin.-Phototherapy	0 1 2 3 4
12. Care of Child in Isolette	0 1 2 3 4
13. Care of Child in Croup Tent	0 1 2 3 4
14. Interpret Pediatric Lab Values	0 1 2 3 4
15. Safety Precautions	0 1 2 3 4

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Orthopedics	Experience
1. Assisting –Cast Application	0 1 2 3 4
2. Cast Bivalving & Windowing	0 1 2 3 4
3. Continuous Passive Movement Use	0 1 2 3 4
4. Maintaining Skeletal Traction	0 1 2 3 4
5. Skin Traction-Apply & Maintain	0 1 2 3 4
6. Stump Dressings	0 1 2 3 4
7. Figure 8 Dressings	0 1 2 3 4
8. Circular Dressings	0 1 2 3 4
9. Reverse Spiral Dressings	0 1 2 3 4
10. Ankle Wrapping	0 1 2 3 4
11. Application of Heat & Cold	0 1 2 3 4
12. Circulation Checks	0 1 2 3 4
13. Rotorest Beds	0 1 2 3 4
14. Stryker Frame Beds	0 1 2 3 4
15. Crutch Walking	0 1 2 3 4
16. Blood Autotransfusion	0 1 2 3 4

Oncology	Experience
1. Admin.-Chemotherapy IVP	0 1 2 3 4
2. Admin.-Chemotherapy Via-Continuous Infusion	0 1 2 3 4
3. Side Effects of Chemo Agents	0 1 2 3 4
4. Groshong Catheter-Care & Use	0 1 2 3 4
5. Port-A-Cath– Care & Use	0 1 2 3 4
6. Broviac Catheter	0 1 2 3 4
7. Care of Patient Receiving-Radiation Therapy	0 1 2 3 4

Critical Care/ER	Experience
1. Triage	0 1 2 3 4
2. EMS Communications	0 1 2 3 4
3. Obtaining 12 Lead EKG	0 1 2 3 4
4. Interpreting 12 Lead EKG	0 1 2 3 4
5. Use of Cardiac Monitors	0 1 2 3 4
6. Defibrillation	0 1 2 3 4
7. Cardio version	0 1 2 3 4
8. Permanent Pacemaker	0 1 2 3 4
9. Temporary Pacemaker	0 1 2 3 4
10. Hemodynamic Monitoring	0 1 2 3 4
11. Care& Reading of CVP Line	0 1 2 3 4
12. Reading, Sampling & Care of-Arterial Line	0 1 2 3 4
13. Swan Ganz– Care & Readings	0 1 2 3 4
14. Obtaining Cardiac Outputs	0 1 2 3 4
15. LA Lines-Cares & Readings	0 1 2 3 4
16. Balloon Pump Use	0 1 2 3 4
17. Assisting-Chest Tube Placement	0 1 2 3 4
18. Maintaining Chest Tube	0 1 2 3 4
19. Suctioning of ETT & Trach	0 1 2 3 4
20. Care of ETT & Trach	0 1 2 3 4
21. Use & Type of Ventilators	0 1 2 3 4
22. Peep Trials	0 1 2 3 4
23. Vent Weaning	0 1 2 3 4
24. Obtaining Arterial Blood Sample	0 1 2 3 4
25. Interpretation of ABG's	0 1 2 3 4
26. Epidural Infusions	0 1 2 3 4

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Labor & Delivery	Experience
1. Assessment of Labor Patient	0 1 2 3 4
2. Intrauterine Monitor Placement	0 1 2 3 4
3. Vag.Exam-Determine Dilation	0 1 2 3 4
4. Vag.Exam-Station & Presentations	0 1 2 3 4
5. Leopold's Maneuver	0 1 2 3 4
6. Fetal Monitor Strip Interpretation	0 1 2 3 4
7. Fetoscope-Obtaining Fetal-Heart Rate	0 1 2 3 4
8. Doppler-Obtaining Fetal Heart Rate	0 1 2 3 4
9. pH Test-Rupture of Amniotic-Membrane	0 1 2 3 4
10. Fern Test-Rupture of Amniotic Membrane	0 1 2 3 4
11. Assisting –Fetal Scalp-Blood Sampling	0 1 2 3 4
12. Management –Pitocin Induced-Labor	0 1 2 3 4
13. Management-Premature Labor	0 1 2 3 4
14. Management-Placenta Previa	0 1 2 3 4
15. Management-Placenta Abruptio	0 1 2 3 4
16. Management-Preeclampsia	0 1 2 3 4
17. Circulate for Cesarean Section	0 1 2 3 4
18. Assisting-Cesarean Section	0 1 2 3 4
19. Applying Fundal Pressure	0 1 2 3 4
20. Assisting-Vacuum Extraction	0 1 2 3 4
21. Precipitous Delivery	0 1 2 3 4
22. Epidural Infusions	0 1 2 3 4
23. Epidural Catheter Removal	0 1 2 3 4
24. Internal Fetal Monitor Placement	0 1 2 3 4

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